

B. IMPROV

IMPROVISATION FOR LEADERS & TEAMS

Developing skills through play

B. Improv offers professional development for leaders and teams seeking more effective communication, stronger collaboration, and greater adaptability in real working conditions. Through improvisation, embodied learning, and facilitated practice, participants develop practical tools for navigating change and responding under pressure. In person or virtual engagements range from single workshops to multi-session team partnerships.

WHY IMPROVISATION?

Improvisation builds awareness, responsiveness, and trust in uncertainty. The work is rigorous and human, using play to support learning, connection, and lasting behavior change.

PARTICIPANTS GAIN:

- Greater presence and clarity under pressure
- Stronger communication and listening
- More effective collaboration
- Practical strategies to navigate change

Expert Facilitator

Briana Gibson Reeves is an expert facilitator and educator with over a decade of experience leading professional development for leaders and teams. Her work blends improvisation, embodied learning, and inclusive facilitation to support communication, adaptability, and leadership presence.

Interactive Sessions

Actors train daily in presence, adaptability, listening, and trust — the same skills required of effective leaders and teams. This work brings those tools off the stage and into real-world leadership practice through facilitated exercises and experiential learning.

**“You don’t need improv experience.
You just need a willingness to play.”**